

## ABSTRACT

A barium swallowing kit comprising a primary container and a plurality of individual food containers included in the primary container. Each of the food containers includes a measured amount of a liquid or a solid food of differing consistency to provide variety for testing the patient's swallowing mechanism. A plurality of barium packets are also included in the primary container. Each of the barium packets has a measured amount of barium sulfate for mixing with the food in one of the food containers. Accordingly, the invention provides for a ready-made dosage of barium sulfate to be mixed with an included solid or liquid food substance to facilitate the determination of whether the patient is experiencing an aspiration problem during swallowing.

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